



Term 2, Week 4
20 May, 2019

LEARNING RESPECT RESPONSIBILITY SAFETY
The Wallsend Way: Successful learners show respect, take responsibility and make safe choices.

WALLSEND WHISPER

Payment Reminders

Event	Class	Activity Date	Cost	Closing Date For Payments
Stage 3 Canberra Excursion	Stage 3	7-9 August	\$350.00 Approx	\$300 Due by 26 July

Please Note: No payments for excursions or incursions will be accepted after the due date unless prior arrangements are made with the Office. All notes and money must be returned to the Office in an envelope with your child's name, class and activity. EFTPOS is available at the Office. If you have not received a note for any activity, these are available from the Office or the school's website. Payments can also be made through the 'Make a Payment' tab on the school website. Permission note must be returned to school, if you use this option.

Diary and Deadlines

- 20 May NAPLAN continues
- 21 May Premier's Debate in Hall
- 25 May Aerobics State Qualifier
- 28 May Yrs 3-6 Touch Football Coaching
- 4 Jun Dental Visit
- 7 Jun Bandlink
- 10 Jun Public Holiday
- 11 Jun Yrs 3-6 Touch Football Coaching
- 11 Jun Cultural Afternoon Tea 1.30pm

Thank you to Mrs Sykes and Ms Phillips for all their hard work in ensuring that the NAPLAN last week ran smoothly. The students have been very settled during this process and have shown interest in completing the assessment online. This is the final week of NAPLAN assessments. A friendly reminder to any visitors to remain quiet around the hall in the morning session as this is where we are conducting NAPLAN.

Thank you to parents, community and staff who came along to help serve democracy sausages and bacon and egg rolls. The P&C raised \$900 for the day - congratulations. Thank you to the parents and community that popped in and supported the election BBQ by purchasing food and drinks.

Over the last few weeks the executive have been discussing the behaviour of students. An audit of behaviours that are consistently being displayed has shown that swearing is a recurring behaviour that is not only unpleasant to hear but is making students feel unsafe. We seek parent and community support in reducing this behaviour. If your child is caught swearing, one of the executive will be calling home to discuss the matter.

Part of our 'School Plan focus' is increasing parent and community involvement. One aspect that we are currently reviewing is increasing involvement of parents in the weekly school assembly. At the Mother's day assembly a survey was completed by 74 parents, asking preferences of time and days of the week. The results showed that parents would be more likely to attend the weekly assembly if it was later in the day- near pick up time. We have kept the assembly day to Monday as this supports our PBL weekly focus, however we have changed the assembly time to 2:15-3:05. This new time will start next Monday (3rd June).

The School Dentist will be visiting Week 6, starting Tuesday June 4. If you have misplaced your form or information please see the office so that you do not miss out on this free service.

Have a wonderful week

The more that you read, the more things you will know. The more that you learn, the more places you'll go. Dr Seuss

Kate Quinnell
Rel. Principal

Absences

Any absence from school must be explained within 7 days. The Skoolbag App is a great way to advise the school of student absences, or alternatively phone the school, send an email or write a note. Each day at around 10am, the school sends out an SMS alert to parents/carers of anyone who has an unexplained absence for that day. **If you are going away and the leave is over (5) school days, you must complete an "Extended Leave Form" from the office prior to your leave.**

Late Arrivals / Early Leavers

School hours are from 9-15am to 3-10pm. If children arrive later than 9-15am, parents are requested to accompany them to the office to provide late arrivals information to office staff. Similarly, if children leave early for the day, parents are required to go to the office first and a partial slip is then given to the class teacher when children are collected from the classroom.

Speciality Photo Orders: (School leaders, House Captains, Band, Debating Teams, Aerobics, Yidaki, etc). See photos in School Foyer or online. If you would like a copy of a photo, please order and pay online. See information below:

Web address: newcastleschoolportraits.com

Click on "order"

Scroll down to "order your speciality photo's here"

Speciality photo code: 57730CN (if password box comes up, just input the same code)



KEEP CALM
SMILE
AND
SAY
CHEESE

Woolworths Earn & Learn 2019

The Woolworths Earn & Learn incentive program is back again! This year we are hoping to once again collect lots of stickers to swap for some great resources for the students at our school. From Wednesday 1 May to Tuesday 25 June 2019 if you or your friends/relatives shop at Woolworths you can collect Earn & Learn Stickers. You can then put the stickers on the Woolworths Earn & Learn Sheet then place the sheet in the box in the school office (you will find a sheet attached to this newsletter or you can just put the stickers in the box and we can put them on the sheet). You will also find collection boxes for Wallsend Public School at Cardiff, Glendale and Jesmond Woolworths Supermarkets. Thank you for your assistance in helping us to gain more valuable resources for our school. Let's see how many stickers we can all collect this year!



Nutrition Snippet

The simplest way

... to add variety to the lunch box

Does your child get bored with their lunchbox?

Making a few small changes can keep it interesting. Try these quick tips to add variety



- **Mix up the breads** - instead of sandwich bread try: rolls, wraps or pita pockets.
- **Fruit** provides endless possibilities for variety, pack: different coloured, fresh, whole, diced, sliced, canned or dried fruit.
- Use our [interactive lunch box builder](#) and get your children to choose what they would like packed in the lunch box.
- Try some new [sandwich filling ideas](#) - visit our website for quick, easy and tasty filling combinations.
- Check out our website for new [healthy snack ideas](#).
- Cook extra for dinner and pack leftovers for lunch.

For more tips, recipes and ideas visit our [website](#).

healthylunchbox.com.au

Good for Kids good for life

24-HOUR MOVEMENT GUIDELINES



Have you **moved** enough today?



SLEEP
• 5-13 year olds need 9-11 hours per night.
• 14-17 year olds need 8-10 hours per night.



PHYSICAL ACTIVITY
Aim for 60 minutes or more per day - the more you nuff & puff the better!



INACTIVITY
Move more & sit less in your spare time.

Find out more at www.health.gov.au

Children and young people (aged 5-17 years) should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Australian 24-Hour Movement Guidelines for Children and Young People (5 to 17 years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep

Source: Australian 24 hour Movement Guidelines



Health
Hunter New England
Local Health District

HNELHD.GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

P&C News

Hello Everyone,

Upcoming meeting

General Meeting Tuesday 21 May 7pm in the Library

We encourage everyone to attend and be involved with your children's school.

Uniform Shop

Uniform shop opening times are Monday afternoon 2.45-3.20pm and Thursday morning 8.45am to 9.30am.

Clearance Sale on skorts and pullover jumpers (limited sizes) \$10 each while stocks last only.

Just a reminder the short sleeve polos have gone up this term, size 4-16 \$25 each and adult sizes \$28 each.

Fundraising

We would like to thank everyone that came and helped support our school at our first Maccas family fun night last Wednesday night as it was a great success. Thank you to Wallsend McDonald's for their support in our fundraising.

Thank you to everyone that came and helped at our election day BBQ on the weekend what a great day we had. We appreciate all the support very much.

Fundraising Committee

wpsfundraisingpnc@gmail.com

Canteen

Volunteers are urgently required for the following days:

Wednesday- 1 person in the morning

Thursday- 1 or 2 people in the morning and 1 person in afternoon

Friday- 1 or 2 people in the morning and 1 person in the afternoon

Times:

Mornings 9.15am - 12.30pm

Afternoons 1.30pm - 2.30pm

All day 9.15am - 2.30pm with a break in the middle of the day from 12.30pm - 1.30pm

Please contact the canteen if you are able to help.

OOSH

OOSH are looking for a new casual staff member to join our team. If you, or someone you know is interested in the position please see Emily or Monique in the hall before or after school, or email us on oosh@wps-pnc.org.au

Without volunteers the Canteen, Uniform Shop and Breakfast Club cannot operate. We appreciate any time you are able to give in helping your children's school.

Renee Stackman

Secretary

Wallsend Public School P&C Association



Weekly Award Recipients



Learning	Respect	Responsibility	Safety
Riley Carter	Audrey-Rose Wattus	Kaliyah Baker-Dimitrievski	Ashtyn Lorrie
Max Wettig	Logan Blake	Ella Maliszewski	Tangaroa Rangi-Garnham
Gabriella Wallis	Jack MacBeth	Joshua Heine	Chloe Johnston
Andres Lolohea	Dylan Gibbs	Tom Smith	Jaxon Chapman
Akalirat Gill	Max Parker	Jayden Yates	Tyrus Hardy
Cooper Armstrong	Brandon Rippon	Paris Green	Adrian Pearce
Jamain Alterator-Walker	Tyler McAlister	Oliver Kauijoki-White	Tori Yates
Lacey Robinson		Shea Egan	Rhegen Groves
Jake Groot			Nash Wilson
Claire Grabda			Sebastian Branda



Principal Awards



Kaliyah Baker-Dimitrievski	Freya Kaurijoki-White	Pandora Green	Kayla Halls
Shimeka Fean	Kyla Bailey	Ruby Stephenson	Ronan Parkes
Ted Metcalfe	Hope Anderson	Audrey-Rose Wattus	Olivia Bull (McClelland)
Lachlan Frost	Gabriella Wallis	Claire Wood	Amelia Forster
Ava Steele	Mia Hopton	Chloe Johnston	Emily Jones
Blake Bailey	Jaxson Young	Katelyn Stephenson	Jack Figgis
Tamika Kelly	Ashleigh Mangnall	Adrian Pearce	Stanley Zhou
Nalah Smith	Charlie Walsh	Tahlia Hopton	Karla Summers-Miller
Lori Clark	Serena Fei	Kaiylee White	Thomas Blundell Strinic
Sydney Ravoi	Oliver Kaurijoki-White	Lola Muir	Moet Golvers
	Kye Portelli	Lacey Robinson	Lachlan McGilvray
	Kailee Moroney-Paine	William Ellis-Bright	Moussa Ali



50 Nights of Home Reading



Amina Al Ouaid	Matthew Mangnall	Brandon Rippon
Jamain Alterator-Walker	Ruby Bailey	